

Philosophy of Colors & Emotion

Overview:

A short activity that goes over if/how colors correlate with emotions. We will examine how different colors represent different feelings and emotions.

Goal:

To get students to think about the nature of colors and their influence on conveying emotion.

Materials:

Crayons, color pencils, or markers
Sheets of paper

Discussion Questions:

- What are colors?
- What is your favorite color and why?
- Are colors related to emotions? Why and how?
- Does the color blue represent a different emotion than the color red?
- Can colors mean any emotion or do they have a specific emotion (ex: if blue means sadness does it always have to represent that emotion or can it represent another emotion?)

Activity:

- The kids should have their color pencils and paper ready for the drawing/coloring activity.
- Pick a random color (such as red, blue, orange, etc) and ask the kids to draw a small picture that depicts the emotion of the color, with the color pencil/crayon matching the color called.
- Repeat for 4-5 colors

Reflection:

- Ask the kids how they felt about the activity and if they liked it.
- Ask them what emotions they depicted with the colors called.
- Do they think what they drew properly represents the color's matching emotion?
- If anyone has different emotions for certain colors ask if they both can represent the color's emotion.
- Can colors represent things other than emotion too?