

Age Group: Kindergarten - 3rd graders

Introduction:

Are you going to dress up for Halloween this year? Have you dressed up for Halloween before? Today, we are going to explore why you chose to dress up as that particular character!

Activity 1: Choose a halloween memory (10 minutes)

Dig deep in your brain and write down your favorite Halloween memory! Your favorite Halloween could be this year! If you have a picture of you in your costume, take it out!

Things to write about:

1. What did you dress up as?
2. Who were you with?
3. What did you do on this Halloween day?
4. Why is this your favorite memory?

Activity 2: Explore your Halloween costume (10 minutes)

Let's go back to the question about who you dressed up as this year.

Things to think and write about and share with someone:

1. Why did you choose to dress up as this character? Was it your favorite character from a movie? Show?
2. Would you want to be this character for one day? Why or why not?
3. What do you like about the character you dressed up as? Are they brave? Honest? Funny?
4. How do these qualities affect the way your character acts?
5. What are two things that you would want to add or change about this character? Why? It could be their personality or physical trait.

Activity 3: Halloween Questions

1. Do you know why we dress up for Halloween? (it's ok if you don't know the answer to this)
2. When you think of Halloween, what words do you think of?
3. When people think of Halloween, they typically think of spooky and scary. Why do you think some people dress up as characters that are not spooky or scary? Why do some people dress up as their favorite superheroes or princesses?
4. Do you think that your costume affects the amount of candy you get?

Closing:

Halloween is a day where you can dress up and be anyone you want to be! After having done this activity, what is something you would want to be for a whole week? Why? Would you want to dress up as that character next year?